



Derby Safeguarding Adults Board Course Prospectus



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Training Prospectus

This training prospectus provides an overview of each Safeguarding Adults course offered by the Derby Safeguarding Adults Board (DSAB). Each session lasts for three hours unless otherwise stated and contributes to participants' Continuing Professional Development (CPD).

Courses are delivered either face-to-face at the Kedleston Road Training Centre in Derby, or virtually via Microsoft Teams.

Safeguarding Adults – What is Safeguarding? (Level 3)

Overview: An introductory course exploring what safeguarding adults means, who it applies to, and why it matters. The session examines the six safeguarding principles, categories of abuse, and the balance between an individual's rights, safety, and wellbeing under the Care Act 2014.

Key Learning Outcomes:

- Understand the purpose and importance of safeguarding adults.
- Identify the six principles of safeguarding and their practical application.
- Recognise the signs and categories of abuse and neglect.
- Understand the importance of consent and when it can be lawfully overridden.
- Explore key topics defining safeguarding adults, including who it applies to and types of abuse.
- Appreciate the importance of wellbeing and the Care Act legislation in balancing safety with individual choice, rights, and freedoms.

Safeguarding Adults under the Care Act – Section 42 Enquiries

Overview: This course explores the specifics of what constitutes a Section 42 enquiry, when it should be initiated, and the roles and responsibilities of the involved agencies. The content of this course aims to provide attendees with a clear understanding of the process and expectations when a safeguarding adult enquiry is undertaken under Section 42 of the Care Act.

Key Learning Outcomes:

- Demonstrate how to place the adult at the centre of a Section 42 Enquiry by applying the principles of Making Safeguarding Personal (MSP).
- Understand what a Section 42 Enquiry is and the reasons for initiating one.
- Explain the potential proceedings and outcomes of a Section 42 Enquiry.
- Describe the process for accurately recording information during an Adult Safeguarding Enquiry.

Mental Capacity Act 2005 – Module One: Capacity

Overview: This induction session provides a concise introduction to the Mental Capacity Act (MCA) and its five core principles. It focuses on assessing capacity and equipping practitioners with the legal confidence needed to support individuals in making their own decisions. Participants will gain insights into the legislative background of the MCA and key considerations for facilitating informed decision-making.

Key Learning Outcomes:

- Understand the five principles of the MCA.
- Gain confidence in applying legal aspects of capacity assessment.
- Recognise factors influencing decision-making support.
- Reflect on best practices for empowering individuals

Mental Capacity Act 2005 – Module Two: Best Interests and Assessing Capacity

Overview: This webinar will enhance understanding of conducting lawful capacity assessments and documentation. It will explore the steps for assessing an individual's capacity through effective communication, balancing safeguarding and empowerment under the Mental Capacity Act, and focus on making best interests' decisions with defensible documentation.

Key Learning Outcomes:

- Conduct capacity assessments correctly and lawfully.
- Lead and contribute effectively to best interests meetings.
- Record defensible decisions that demonstrate professional accountability. Balance empowerment and safeguarding responsibilities.

Deprivation of Liberty Safeguards – Module One

Overview: This module introduces the Deprivation of Liberty Safeguards (DoLS) framework, focusing on its key principles and developments following the Cheshire West judgment. It equips professionals with the knowledge to identify and respond to potential deprivations of liberty effectively.

Key Learning Outcomes:

- Understand the legal definition and criteria for deprivation of liberty.
- Recognise situations where an authorisation under DoLS may be necessary.
- Explain the implications of the Cheshire West judgment on practice.

Deprivation of Liberty Safeguards – Module Two: Lawful Authorisation and Application

Overview: This advanced module delves into the lawful application of the Deprivation of Liberty Safeguards (DoLS), with a focus on Article 5 of the European Convention on Human Rights. Participants will explore the process of completing authorisation documentation effectively.

Key Learning Outcomes:

- Gain a comprehensive understanding of Article 5 (Right to Liberty and Security) and its implications.

- Identify circumstances where restrictions may constitute a deprivation of liberty. Accurately complete Form 1 (Request for Standard Authorisation) with attention to detail.
- Differentiate and clarify the roles and responsibilities of the Managing Authority and Supervisory Body.

Understanding Dignity, Equality and Respect

Overview: This session underscores the significance of dignity, equality, and respect as fundamental components of safeguarding practice. It invites participants to reflect on their personal values and the principles of human rights, fostering a deeper understanding of their role in promoting a fair and inclusive environment.

Key Learning Outcomes:

- Understand and articulate the critical importance of dignity and equality in
- Engage in self-reflection to assess how personal values and beliefs influence decision-making in professional settings.
- Develop skills to implement respectful and person-centred strategies that honour the individuality and rights of those being safeguarded.

Safeguarding Adults and Domestic Abuse: Exploring the Critical Connection

Overview: Explores the intersection between safeguarding and domestic abuse, recognising risks, completing DASH assessments, and understanding responsibilities under the Domestic Abuse Act 2021.

Key Learning Outcomes:

- Understand the statutory definition of domestic abuse.
- Recognise indicators and effects of domestic abuse.
- Apply the DASH Risk Assessment tool effectively.
- Identify the impact of domestic abuse on adults and children

Forced Marriage and People with Learning Disabilities

Overview: This course develops awareness of forced marriage, particularly focusing on individuals with learning disabilities or reduced capacity. It outlines the professional and legal duties involved in safeguarding these individuals.

Key Learning Outcomes:

- Understand the legal framework around forced marriage.
- Recognise risk indicators for people with learning disabilities.
- Apply safeguarding procedures and make lawful referrals.
- Promote choice, rights, and safety.

Maintaining and Developing Professional Boundaries

Overview: Explores the importance of professional boundaries, recognising and responding to boundary challenges, and maintaining professional integrity.

Key Learning Outcomes:

- Define professional boundaries and their purpose.

- Identify warning signs of blurred or crossed boundaries.
- Apply strategies to maintain appropriate professional conduct.
- Understand the link between boundaries and safeguarding safety

Unlocking Professional Curiosity

Overview: Examines professional curiosity as an essential safeguarding skill. Focuses on analysis of Safeguarding Adults Reviews (SARs) and applying reflective practice

Key Learning Outcomes:

- Define professional curiosity and explain its role in safeguarding.
- Identify how curiosity supports early intervention.
- Apply learning from SARs to practice.
- Demonstrate defensible, reflective decision-making.

Safeguarding Adults Case File Audit – focused briefings

Duration 30minutes

Overview: This short, interactive session is designed to support practitioners in reviewing safeguarding case files. The focus will be on defensible recording and identifying good practice. Participants will engage in discussions and activities aimed at enhancing their understanding of effective case management

Key Learning Outcomes:

- Recognise indicators of high-quality case recording.
- Utilise audit findings to improve safeguarding outcomes.

Safeguarding Adults Reviews (SAR – Learning in Practice focused Briefings -Duration 30minutes

Overview: This training session aims to provide participants with a comprehensive understanding of Safeguarding Adults Reviews (SARs), including their purpose, process, and key recommendations. Participants will gain insights into how SARs contribute to improving safeguarding practices and outcomes for adults at risk.

Key Learning Outcomes:

- Understanding the importance of SARs in safeguarding adults
- Recognising the impact of implementing SAR recommendations
- Apply SAR learning to strengthen multi-agency practice.